

## ESSENTIAL HEALTH BENEFITS

Marketplace plans offer a set of “essential health benefits”:

- Ambulatory patient services
- Emergency services
- Hospitalization
- Pregnancy, maternity, and newborn care
- Mental health and substance use disorder services, including behavioral health treatment (which includes counseling and psychotherapy)
- Prescription drugs
- Rehabilitative and habilitated services and devices
- Laboratory services
- Preventive and wellness services and chronic disease management
- Pediatric services, including oral and vision care

### Where to get more information:

[HealthCare.gov](http://HealthCare.gov) or the Health Insurance Marketplace Call Center at **1-800-318-2596**.  
TTY users should call **1-855-889-4325**.

## ACA POCKET GUIDE FOR PROVIDERS

**HealthCare.gov:** Your patients can apply for coverage, compare options, and enroll in a plan. If their state runs its own Marketplace, use the state’s website instead of [HealthCare.gov](http://HealthCare.gov).

### Open Enrollment for 2016 Coverage:

November 1, 2015 – January 31, 2016. Patients can apply for Medicaid and Children’s Health Insurance Program (CHIP) coverage at any time using the same application.

**Special Enrollment Periods (SEPs):** Patients may get a Special Enrollment Period (SEP) because of a life change, like getting married, having a baby, losing other coverage, or moving.

## PREVENTIVE SERVICES

These must be covered at no cost when given by in-network providers:

1. **Abdominal Aortic Aneurysm** (one-time screening) for men of specified ages who have smoked.
2. **Alcohol Misuse screening and counseling**
3. **Aspirin use** for men and women of certain ages to prevent cardiovascular disease.
4. **Blood Pressure screening** for all adults.
5. **Cholesterol screening** for adults of certain ages or at higher risk.
6. **Colorectal Cancer screening** for adults over 50.
7. **Depression screening** for adults.
8. **Diabetes (Type 2) screening** for adults with high blood pressure.
9. **Diet counseling** for adults at higher risk for chronic disease.
10. **Hepatitis B screening** for people at high risk.
11. **Hepatitis C screening** for adults at increased risk, and one time for everyone born in 1945–1965.
12. **HIV screening** for everyone ages 15 to 65, and other ages at increased risk.
13. **Immunizations for adults:** Hepatitis A, Hepatitis B, Herpes Zoster, Human Papillomavirus, Influenza (Flu Shot), Measles, Mumps, Rubella, Meningococcal, Pneumococcal, Tetanus, Diphtheria, Pertussis, Varicella.
14. **Lung cancer screening** for adults 55 – 80 at high risk for lung cancer.
15. **Obesity screening** and counseling for all adults.
16. **Sexually Transmitted Infection (STI) prevention counseling** for adults at higher risk.
17. **Syphilis screening** for all adults at higher risk.
18. **Tobacco Use screening** for all adults and cessation interventions for tobacco users.